

8 mins

Student Instructions

Station No

Final MB

Background information to station:

You are a Foundation Doctor working in General Practice.

A parent would like to discuss their 2 year old child who has just been diagnosed with eczema.

Specific student instructions:

1. Please counsel the parent about the diagnosis of eczema and answer their questions.

There will be a warning bell when there are 2 minutes left.

QUEENS UNIVERSITY BELFAST

8 mins

Examiner Instructions

Station No

Final MB

Station author: Dr Caroline Lavery

Assessment outcome:

This station assesses the student's ability to counsel a parent about their child's eczema, explaining the definition, aetiology, symptoms, signs, management and complications.

Background information to station:

Students are asked to perform the role of a Foundation Doctor working in the General Practice. They are asked to speak to the parent of a 2 year old child who has been diagnosed with eczema.

The simulated parent will ask the following questions during the station:

What is eczema? Can her eczema be cured? How do I treat Niamh's eczema? Is eczema infectious? What things can flare eczema? What should we avoid?



8 mins

DETAIL / question	MARK	WEIGHTING
1. Overall introduction including identification of self and patient and parent (Name & role, purpose of encounter, consent)	G A P	210
 Rapport & professional manner (shows interest, respect, concern, appropriate body language, closure) 	G A P	210
3. Attention to infection control throughout	G P	1 0
4. Begins with open question	G P	1 0
5. Establishes parent's understanding of eczema to date	G P	2 0
 SP to ask, What is eczema? Explains eczema is an inflammatory skin condition; can occur at any age, but commonly begins in childhood. G:2; A:1; P:0 	G A P	210
 Explains the defective skin barrier in eczema, making the skin for susceptible to irritation by chemicals, detergents and soaps. G:2; A:1 	G A P	210
 Details that skin tends to be very itchy due to irritation; scratching leads to further damage to the skin barrier, causing more irritation- 'itch- scratch-cycle'. G:2; A:1; P:0 	G A P	210
9. Common sites: face, neck, wrists, elbow creases, behind knees	G P	2 0
 SP to ask, Can her eczema be cured? G: Explains that eczema cannot be cured but can be controlled/managed 	G P	2 0
11. SP to ask, How do I treat Niamh's eczema? Avoid soap and using soap substitutes; avoid scratching- use of mittens +/- antihistamines G:2; A:1; P:0	G A P	420
 Details the use of topical therapies: Moisturisers, greasy, liberal application at least twice daily; steroid creams for flares. G:2; A:1 	G A P	210
13. Details the alternative options available if topical steroids ineffective e.g. topical calcineurin inhibitors, light therapy	G A P	210
14. SP to ask, Is eczema infectious? G: Eczema cannot be caught from someone else	G P	2 0
19. SP to ask, What things can flare eczema? What should we avoid? Another illness or stress; certain chemicals, soaps & detergents; Some skin infections much worse in a patient with eczema e.g. molluscum contagiosum, eczema herpeticum and impetigo G:2 ;A:1; P:0	G A P	420
20. Active listening; checking patient's understanding; allowing questions	GAP	210
21. Offers to provide patient info leaflet/relevant website/specialist nurse	G P	20
22. SP Rating: SA: Strongly agree; A: Agree; JA: Just Agree; N: Neutral; D: Disagree	SA A JA N D	43210
Global mark: E: Excellent; V: Very good; P: Pass; B: Borderline; F: Fail	EVPBF	54321

Marking sheet G = Good, A = Acceptable, P = Poor

Total score /40 (excluding Global Mark)



8 mins

Simulated Patient Instructions

Station No

Final MB

This station assesses the student's ability to counsel a patient on eczema, explaining the definition, aetiology, symptoms, signs, management and complications.

Background information to station:

Students are asked to perform the role of a Foundation Doctor working in the General Practice. They are asked to speak to you and answer your questions about your 2 year old child who has recently been diagnosed with eczema.

How the role should be portrayed: Concerned but keen to learn and understand

Clothes/props: Nil specific

First sentence (after introductions) if student starts with an open question: Niamh was diagnosed with eczema last week but I didn't really take in any of the information I was given as I was so worried! What is eczema?

Please ask the following questions throughout the course of the station. What is eczema? Can her eczema be cured? How do I treat Niamh's eczema? Is eczema infectious? What things can flare eczema? What should we avoid?

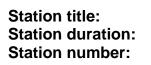


8 mins

Potential question	Response
What do you know about eczema?	I know that it is an itchy skin condition but that's
	all really
Do you know of any treatments that	I think some moisturisers can be used.
can be used?	

Background

- Name: Niamh Sullivan (mother = Clare Sullivan, father = Joe Sullivan)
- DoB: 10/09/2020, 2 years old
- Presenting compliant:
 - o Itchy, red skin of the face, elbows and neck
 - \circ No infective signs
 - Systemically well
- Early life:
 - Spontaneous, vaginal delivery at 39 weeks
 - Normal birth weight, no other complications
- Development:
 - Meeting milestones
- Family History: father asthma, sister hay-fever
- Drug History: nil, no allergies. Immunisations up to date.
- Social history: neither parents smoke, only the 3 of them in the house, no social service involvement



8 mins



Site Co-ordinator Instructions

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Equipment check list:

- Simulated parent
- 3 chairs
- Handwash