

Year 3 Case-based Learning 2024-25: Case 4 at a Glance



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SCHOOL OF
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CBL: overview

Student-centred, patient centred small group learning

Skills development (clinical reasoning, problem-solving, communication, documentation, teamwork)

Incorporate and apply GCAT themes

Formative assessment

Mandatory attendance

4 cases throughout Year 3, Case 1 is the introductory case to support transition from Y1/2 style

Case 4 timeline

27th Jan 2025: Y3 LIC2 begins

17th April: Information for Part 1 released on portal

From 5th May: Part 1 independent student session 1

From 12th May: Part 1 facilitated session 2

16th May: Information for Part 2 released on portal

From 19th May: Part 2 independent student session 1

From 26th May: Part 2 facilitated session 2

Student role

Coordinate group agenda

Allocate roles

Work through materials and framework (circles below)

Write learning outcomes

Research independently

Share learning

Facilitator role

Attends all session in Case 1 (exception from other cases)

Undertakes facilitator training and reviews materials

Ensures learning outcomes have been met

Presents additional materials in case progression in session 2 of each Part

Provides email for students to record session on MyProgress

Part 1 summary

Richard Evans is an 82 year old man who students met in Year 2 CBL following a knee replacement. Since then, he has had a prolonged hospital admission with community acquired pneumonia and NSTEMI. His mobility has deteriorated since. He attends his GP with unsteadiness, fatigue and falls. There are multiple contributing factors including instability due to arthritis, polypharmacy, postural hypotension, peripheral neuropathy secondary to diabetes, and muscle weakness and low energy due to sarcopenia and hypothyroidism. The GP identifies a range of issues and management is commenced. He is referred to a Falls clinic for multidisciplinary input.

Part 1 key areas of discussion

- Community acquired pneumonia
- Community triage
- Chronic disease management
- Multimorbidity
- The patient journey

Part 2 summary

Richard is reviewed at a Falls Clinic and assessed by the MDT. Gold standard falls assessment includes medical, nursing, pharmacy, physiotherapy, occupational therapy, dietitian and social work review. Issues include sarcopenia, frailty, postural hypotension, fear of falling, multimorbidity, polypharmacy, leg pain and swelling, venous eczema, and osteoporosis risk. A multidisciplinary plan is actioned. Richard later attends his GP for repeat review and he is better supported in a range of ways.

Part 2 key areas of discussion

- Falls assessment and management
- Falls prevention (primary, secondary, tertiary)
- Sarcopenia and frailty
- Polypharmacy
- Monitoring and follow-up

